



November/December Newsletter

Century Skating Club's Annual Holiday Wine Raffle

- Pick up your raffle tickets in the music room - only \$1/ticket!
- **Drop off your purchased bottle of wine by December 13.**
- Please label your bottle in order to be eligible for a prize.
- **Raffle books and proceeds are due by December 13.**
- Draw date is December 16th. Winners will be notified.



CanSkate Corner

Thank you skaters for filling up our Sunday session!

There are still spots available Saturday and Thursday so tell your friends and family.
Saturdays at 12:45 – 1:30 and 1:30 – 2:15
Thursdays at 5:00 – 5:45 (advanced classes)



CanSkate Skate with Santa:

Saturday December 12

Thursday December 17

Sunday December 20 *

***Parents please note, Sunday December 20, CanSkate session is from 1:00-1:45pm**

CANSKATE RESUMES:

Sat. Jan. 9, 2010

Sunday Jan. 10, 2010

Thursday Jan. 7, 2010

StarSkate & Competitive

There are spaces available on the following days: Sunday, Monday, Wednesday, and Thursday.

Please visit our website for more information on times and session breakdowns.

STARSKATE/COMPETITIVE SKATERS PLEASE REMEMBER:

Wpg. Regional: Registrations must be received by December 16, 2009

Mb. Open: Registrations must be received by Thursday, December 31, 2009

(Check mbskates.ca for details/forms)

**Private Sessions resume as of Monday
January 4, 2010**



SKATERS - Remember to check out our bulletin board for important information.

StarSkate Test Day

CSC is committed to supporting our skater's goals. We hosted a low level test day on December 6, 2009 for our StarSkaters.

New Members

New to Century Skating Club or the sport of skating? Our new member handbook will soon be available on our website. You will find everything you need to know to get started in the sport from test days and competitions to buying skates and club policies.
www.centuryskatingclub.ca



CSC is asking membership's help with the following:

- Alas, our CD player needs to be replaced. As you know this is a very important piece of equipment for our programs. We are canvassing membership in hopes that someone may have a gently used CD player that they would be willing to donate to the club. If able to help contact Carolyn Godfrey at centuryskatingclub@gmail.com

Thanks!!!

Competitions

CSC is pleased to announce that we are co-host to two exciting competitions this season, the Winnipeg Regional Competition (January 16, 2010) and the Manitoba Open FreeSkate Competition (February 13-14, 2010).

CSC is responsible for the skater participation gift bags, the silent auction, and the medals for the Winnipeg Regional Competition. If you are able to donate for this event email centuryskatingclub@gmail.com or call 510-1743, attention Rowan.

Given the 2010 Winter Olympics we'd like to make this year's 2010 Manitoba Open EXTRA SPECIAL for all skaters! Do you have any business contacts who may be interested in sponsoring the 2010 Manitoba Open "Heart of the Continent"? A number of options are available. Contact Rowan for more info and for copies of the sponsorship package.

Sponsorships can be tailored to fit business needs.



**2010 MANITOBA OPEN
FREESKATE COMPETITION**



**We love our
Club
Coaches**



Century
Skating Club
coaches are
all skating
professionals
registered
with Skate
Canada.

We would like
to thank them
for their
countless
hours of
volunteer
work and for
all that they
do to make
CSC a huge
success!

THANK YOU



OUR COACHES:

Carolyn Cameron:

- B.A.,
- Level 2 certified, Level 2 pairs, Level 3 General Subjects, Level 3 Technical
- 22 years of coaching experience.
- Currently completing her BRMCD (Bachelor of recreation management and community development)
- Experience working with high risk youth
- Has worked with skaters from beginner through the competitive levels
- CanSkate Coordinator.

Esther Chu:

- Has skated with Century Skating Club since she was 5 years old.
- Began coaching in 2005
- Level 1 certified
- Has been working as a physiotherapist at St. Amant for 4 years

Carolyn Hysop:

- Will be attending U of M in 2010
- Half of Senior Silver Dances; working on Senior Silver Skills, Pre-Novice competitive, Senior Silver Free skate Elements
- Competed at the Pre-Novice Level

Maureen Knight:

- Teaches StarSkate, Preschool, CanSkate, Power and Special Olympics
- NCCP Level 2 certified
- 30 years coaching experience

Sarah Low-Ying

- Volunteers time within our CanSkate program
- Professionally is involved in scientific research
- Coaches children and youth at various levels

Jaclyn Oystreck:

- Has figure-skated for 11 years plus.
- Gold skills, ½ Gold free skate, Gold dance, Gold interpretive
- Dodie Wardle recipient
- Works professionally with special needs children

Susan Paquin:

- One of CSC's coaches in training
- Works professionally as an Educational Assistant in WPG. SD #1

Tanya Pilat:

- Level 2 certified, level 3 technical in general subjects and singles
- Can Power certified
- CSC nominee for 2008 Volunteer Coach of the Year Award
- 19 years coaching experience
- CanSkate to Senior competitive
- Bachelor of Arts- psych major

Connie Winning:

- Level 3 certified
- CanPower certified
- Past winner of the Winnipeg Volunteer Coach of the Year Award
- Bachelor of Arts
- 23 years coaching experience, including CanSkate, Power skating, competitive skaters up to Novice.

THINGS TO REMEMBER: Did you know skaters of all ages and abilities can begin private lessons at any time?

CSC does not schedule private lessons. This is done directly with a coach. All lessons are paid directly to the coach. Ice time is paid for separately from private lesson fees and is payable to Century Skating Club. Ask coaches about individual policies and prices. If you are interested in private lessons with any of Century Skating Club's Professional Coaching Staff please contact the club. **Tel. 510-1743 Email. centuryskatingclub@gmail.com.**

HELP WANTED!

We are still looking for volunteers to serve as chairs to the following committees: Fundraising, Media relations and communications, Volunteer coordinator. We are also looking for parents willing to help out with our Canskate Snack Bar. If you can help us out, please talk to Rowan Smith-McCandless or any CSC Executive member. Thanks.

VOLUNTEER COMMITMENTS

The success of our Club depends strongly on volunteer participation. As host club for the Winnipeg Regional Competition in Jan. 2010, and co-host for the Manitoba Open, volunteer participation will be required from all StarSkate/Competitive member families. A Parent Info meeting will be held in January in regards to CSC's volunteer commitment to the 2010 MB OPEN. Check bulletin board and website for update and details.
Thanks.

CSC EXECUTIVE

Test Chair: Rowan Smith-McCandless
Membership: Sandra Klassen
Treasurer: Carol Scott
Newsletter: Vanessa Madsen
Member-at-large: Susan Paquin
Website: Carolyn Godfrey
Board meetings are open. Parents are always welcome.

FIGURE SKATING JUMPS WORD SEARCH PUZZLE

T H P O O L F L A H E W F I R
S T Q M U A D R U P O A X E L
L E J U U M P L A H N D P E E
T D I T N J C F C O M P I E X
O N E F O O T L U T Z W L T A
E I T I N E A I O N E A F W N
W A S Z E S L P L A T L F O E
A E T L F O O O P P J L L U P
L U M P O I T W O A S E A A O
L S L S O Z A N D P X Y H E B
E D B Z T U L F L A H Y K U R
Y T B L A A R O F W N I N G I
N N A I X N G L O O P J U M P
E W T D E L A Y E D A X E L E
E N E I L H G H T Y E I G H T

FIGURE SKATING JUMPS WORD LIST

AXEL	ONE FOOT
	AXEL
BALLET	ONE FOOT
	LUTZ
DELAYED	OPEN AXEL
AXEL	
FLIP	SALCHOW
HALF AXEL	SPLIT JUMP
HALF FLIP	STAG
HALF LOOP	TOE LOOP
HALF LUTZ	TOE WALLEY
LOOP JUMP	WALLEY
LUTZ	WALTZ

**CENTURY SKATING CLUB
WISHES ONE AND ALL A SAFE
AND JOYOUS HOLIDAY
SEASON!**

